## I. ABSTRACT OF THE DISCLOSURE

An apparatus and method for holding an object by a one-piece clip includes the use of a base (101) having an opening (107) and a top member (113) having a grasping end (115) that extends into the opening (107) are described. The clip includes a bendable fulcrum (111) that elastically connects the base (101) to the top member (113). Tension produced by a bent bendable fulcrum (111) is utilized to hold the object between a base grasping end (103) and the top member grasping end (115). The one-piece clip can be manufactured by injection molding of a thermoplastic.